

# Formed.org – Check it out

## Week One of a Six Part Offering

For the next six weeks I will be highlighting a feature of our online Catholic resource on Formed. Org. It has a wealth of opportunities to help you in not only understanding your faith, but providing information on everyday topics of concern.

### **Who among us doesn't wonder about our purpose and meaning in life?**

We all need some perspective and helps in order to find out the wisdom of God in finding fulfillment and our destiny. We struggle with being bound up and our freedom under Christ seems too daunting. There are a few programs on Formed.org I would like to recommend.

### **Happiness**

*Happiness* features interviews with well-known psychiatrists, celebrities, New Testament scholars, physicists, and priests that uncover the deeper answers to life's most profound questions. Eric Johnson and Jennifer Milani present the central ideas from the interviews, explaining difficult concepts and proposing engaging questions. Interviewees include Eduardo Verastegui, Gary Habermas, Leah Darrow, Dr. John Lennox, Dr. Jan Holden, Dr. Aaron Kheriaty, Fr. Robert J. Spitzer, S.J., Ph.D., and John Chavez.

Using Fr. Spitzer's proven paradigm, "The Four Levels of Happiness", as our cornerstone (episode 1), we move through the remaining 6 episodes dealing with unhappiness and depression and then to evidence for our transcendent and eternal life. We examine the resurrection of Jesus Christ and finally, we learn how to properly deal with and benefit from suffering.

### **God and Science: From Nothing to the Cosmos**

Fr. Robert Spitzer, S.J., PH.D., dispenses with the contemporary statement, "Science has proven God does not exist," and then goes on to show evidence of God's existence from science, philosophy, medicine, the transcendentals and metaphysical proofs.

Fr. Spitzer is at once, entertaining and overflowing with pertinent information.

## **Same-Sex Attraction: Desire of the Everlasting Hills**

Here are three intimate and candid portraits of Catholics who try to navigate the waters of self-understanding, faith, and homosexuality:

Dan, a gregarious artist who spent his life hiding a deep sense of isolation from those who loved him;

Rilene, a successful businesswoman who realized that twenty-five years with her partner did not provide the fulfillment she had hoped for;

and Paul, an international model who, after a life of self-indulgence, found grace in the last place he expected.

Parental Guidance Suggested. Material may not be suitable for children.

## **Invited to Courageous Love**

Largely hidden from the cultural, religious, and political tempest surrounding homosexuality, the wisdom and truth of the Catholic Church lies ageless. This five-part film series and study guide explores Catholic teaching on a wide range of questions connected to same-sex attraction. The series begins with a look at the lived reality of women and men who experience same-sex attractions, who are ultimately drawn to the power and interior peace found in the practice of the virtue of chastity. The series also examines:

The “Divine Design” and meaning of sex, rooted in Natural Law;

Insights from medical and social science experts who unpack the secular research about homosexuality that often confounds cultural understanding;

A guide for parents and others whose sons and daughters, family and friends are involved in homosexual relationships;

An authentic roadmap to pastoral care, including the work of Courage International, a worldwide apostolate supporting Catholics who experience same-sex attractions on their efforts to live chastely.