



*Dear Friends,*

Each day, as I sit quietly before the presence of our Lord in the Blessed Sacrament during my Holy Hour, know that I remember you in my thoughts and prayers. If you have any particular intentions you would like to share with me, I hope you will take a moment to write them on this form and return it to me. Then, in prayerful solidarity, I will join you in lifting your joys, burdens and hopes to the Lord. It is my heartfelt desire to walk with you in your faith journey.

Together let us “Lift up our Hearts” to the Lord!

Sincerely yours in Christ,  
Bishop Steven J. Raica

## PRAYER INTENTIONS

Please pray for my intentions:

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Optional:

Name: \_\_\_\_\_ Parish: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Send to: Bishop Steven J. Raica • Diocese of Gaylord • 611 West North Street • Gaylord, MI 49735